

HYSAN Island Hike and Run 2022 (22km Solo Men & Women)

Nov 13, 2022

TOP 3 Men 18-39

| Rankings | | | | | | | | Timing |
|----------|----------|-----|------------|-----------|-----------|-------------|--------------------------|-----------|
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time |
| 1 | 1 | 246 | Lok Yin | Lo | Men 18-39 | HKSAR | - | 02:15:03 |
| 5 | 2 | 216 | Labin | Gurung | Men 18-39 | Nepal | Run Nepal HK | 02:25:56 |
| 6 | 3 | 142 | Ho Yin | Yeung | Men 18-39 | HKSAR | Altra Red Team Hong Kong | 02:27:40 |

TOP 3 Men 40-49

| Rankings | | | | | | | | Timing |
|----------|----------|-----|------------|-----------|-----------|-------------|----------------|-----------|
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time |
| 2 | 1 | 252 | Mat | Leng | Men 40-49 | Cambodia | - | 02:21:25 |
| 3 | 2 | 178 | Alan | Zagury | Men 40-49 | France | - | 02:22:33 |
| 4 | 3 | 230 | Limbu | Yamanath | Men 40-49 | Nepal | - | 02:22:45 |

TOP 3 Men 50+

| Rankings | | | | | | | | Timing |
|----------|----------|-----|------------|-----------|----------|-------------|----------------|-----------|
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time |
| 18 | 1 | 227 | Erik | G | Men 50+ | HKSAR | - | 02:51:47 |
| 24 | 2 | 240 | Chris | Lai | Men 50+ | HKSAR | - | 02:59:57 |
| 35 | 3 | 171 | Andrew | Dowell | Men 50+ | US | - | 03:12:50 |

TOP 3 Women 18-39

| Rankings | | | | | | | | Timing |
|----------|----------|-----|------------|-----------|-------------|-------------|----------------|-----------|
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time |
| 14 | 1 | 204 | Mei yan | Wong | Women 18-39 | HKSAR | - | 02:40:25 |
| 50 | 2 | 184 | Sabrina | Lau | Women 18-39 | HKSAR | - | 03:33:14 |
| 62 | 3 | 173 | Donna | Jiang | Women 18-39 | HKSAR | - | 03:53:39 |

TOP 3 Women 40-49

| Rankings | | | | | | | | Timing |
|----------|----------|-----|------------|-------------|-------------|-------------|----------------|-----------|
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time |
| 31 | 1 | 196 | Sian | O' Connor | Women 40-49 | Ireland | - | 03:09:55 |
| 44 | 2 | 235 | Delphine | Riche-Franz | Women 40-49 | France | - | 03:27:32 |
| 68 | 3 | 137 | Olivia | Ashton | Women 40-49 | Australia | - | 03:58:18 |

TOP 3 Women 50+

| Rankings | | | | | | | | Timing |
|----------|----------|-----|-------------------------|-----------|-----------|-------------|----------------|-----------|
| Overall | Category | BIB | First Name | Last Name | Category | Nationality | Team / Sponsor | Race Time |
| 64 | 1 | 153 | Ling | Lau | Women 50+ | HKSAR | - | 03:54:40 |
| 80 | 2 | 193 | Elisabeth Marie Barbara | Grisoni | Women 50+ | France | - | 04:18:47 |
| 96 | 3 | 248 | PT | Lam | Women 50+ | Australia | - | 04:49:14 |